



सत्यमेव जयते

Ministry of Health and Family Welfare
Government of India



**National
Deworming Day**
FIRST ROUND
February, 2024

**HEALTHY HABITS,
HAPPY KIDS**

**PROTECT YOUR
CHILDREN FROM WORMS**

Remember to:



Keep your nails clean
and short



Wash your hands with
soap, specially before
eating and after using
the toilet



Always drink clean
water



Always use a toilet and
not defecate in the
open



Keep food covered



Wear shoes



Wash fruits and
vegetables with clean
water



Keep your
surroundings clean

Children with worms feel tired due to malnutrition and anemia and can suffer from impaired physical and cognitive development.

Remember, Prevention is Key!